



IMPORTANT: THE DISTANCE OF TWO METERS BETWEEN EACH PERSON IS REQUIRED AT ALL TIMES.

	YELLOW ZONE	ORANGE ZONE	RED ZONE	EMERGENCY MEASURES
OUTDOOR	<ul style="list-style-type: none"> Recreational singles is permitted (without face cover). Recreational doubles is permitted (without face cover) Group activities of up to 12 people are permitted (without face cover) plus one person responsible for supervision or coaching¹ (with face cover). *See recommended ratios on page 3. Competitions are not allowed. Spectators are not allowed on site, however an accompanying person is allowed for children under 10 years old and people with disabilities. Changing rooms may be opened according to the sanitary measures in place. 	<ul style="list-style-type: none"> Recreational singles is permitted (without face cover). Recreational doubles is permitted (without face cover) Group activities of up to 12 people are permitted (without face cover) plus one person responsible for supervision or coaching¹ (with face cover). *See recommended ratios on page 3. Competitions are not allowed. Spectators are not allowed on site, however an accompanying person is allowed for children under 10 years old and people with disabilities. Changing rooms must be closed, but access to the sanitary facilities is permitted. 	<ul style="list-style-type: none"> Recreational singles is permitted (without face cover). Recreational doubles is permitted (without face cover) Group activities of up to 8 people are permitted (without face cover) plus one person responsible for supervision or coaching¹ (with face cover). *See recommended ratios on page 3. Competitions are not allowed. Spectators are not allowed on site, however an accompanying person is allowed for children under 10 years old and people with disabilities. Changing rooms must be closed, but access to the sanitary facilities is permitted. 	<ul style="list-style-type: none"> Recreational singles is permitted (without face cover). Recreational doubles is permitted (without face cover) Group activities of up to 8 people are permitted (without face cover) plus one person responsible for supervision or coaching¹ (with face cover). *See recommended ratios on page 3. Competitions are not allowed. Spectators are not allowed on site, however an accompanying person is allowed for children under 10 years old and people with disabilities. Changing rooms must be closed, but access to the sanitary facilities is permitted.

¹ Supervision is provided by a person designated by the organization providing the activity. This person is responsible for ensuring that the health measures and instructions in effect are respected. It is expected that the health measures applied will respect the protocol for the resumption of activities of the provincial sport federation or the national recreation organization concerned, if applicable.

IMPORTANT: THE TWO-METER DISTANCE IS REQUIRED AT ALL TIMES.



TENNIS PRACTICE

COVID-19 / GUIDELINES



Update : May 5th, 2021 v1



	YELLOW ZONE	ORANGE ZONE	RED ZONE	EMERGENCY MEASURES
INDOOR	<ul style="list-style-type: none"> Recreational practice in singles for participants from different residences is permitted (without face cover). Recreational practice in doubles for participants from the same residence is permitted (without face cover). Group activities of up to 12 people are permitted, including doubles, plus one person responsible for supervision or coaching¹ (with face cover). Competitions are not allowed. Spectators are not allowed on site, however an accompanying person is allowed for children under 10 years old and people with disabilities. Changing rooms may be opened according to the sanitary measures in place. Tennis facility owners and managers must determine and display the maximum capacity of players at any one time. 	<ul style="list-style-type: none"> Recreational practice in singles for participants from different residences is permitted (without face cover). Recreational practice in doubles and group lessons for participants <u>from different residences</u> are not allowed. Recreational practice in doubles for participants from the same residence is permitted (without face cover). Group lessons for occupants <u>from the same residence</u> are allowed (without face cover). Private lessons are allowed (with face cover). Competitions are not allowed. Spectators are not allowed on site, however an accompanying person is allowed for children under 10 years old and people with disabilities. Changing rooms must be closed, but access to the sanitary facilities is permitted. Tennis facility owners and managers must determine and display the maximum capacity of players at any one time. 	<ul style="list-style-type: none"> Recreational practice in singles for participants from different residences is permitted (without face cover). Recreational practice in doubles and group lessons for participants <u>from different residences</u> are not allowed. Recreational practice in doubles for participants from the same residence is permitted (without face cover). Group lessons for occupants <u>from the same residence</u> are allowed (without face cover). Private lessons are allowed (with face cover). Competitions are not allowed. Spectators are not allowed on site, however an accompanying person is allowed for children under 10 years old and people with disabilities. Changing rooms must be closed, but access to the sanitary facilities is permitted. Tennis facility owners and managers must determine and display the maximum capacity of players at any one time. 	<p>The practice of tennis in indoor facilities is not allowed.</p>

¹ Supervision is provided by a person designated by the organization providing the activity. This person is responsible for ensuring that the health measures and instructions in effect are respected. It is expected that the health measures applied will respect the protocol for the resumption of activities of the provincial sport federation or the national recreation organization concerned, if applicable.

IMPORTANT: THE TWO-METER DISTANCE IS REQUIRED AT ALL TIMES.





	YELLOW ZONE	ORANGE ZONE	RED ZONE	EMERGENCY MEASURES
PRIMARY AND SECONDARY SCHOOLS	<p>OUTDOOR</p> <ul style="list-style-type: none"> Activities within stable class groups or with a maximum of 12 students (intra-school; may come from different stable class groups) are allowed. <p>INDOOR</p> <ul style="list-style-type: none"> Activities in stable class groups or with a maximum of 12 students (intra-school; may come from different stable class groups) are allowed. However, practice must be adapted to respect physical distancing of two metres between stable class groups. 	<ul style="list-style-type: none"> The activities of recognized sport-study and concentration programs are permitted. Face cover is not required when the ratio of 1 coach to 4 athletes is respected. Extracurricular activities for a stable class group are permitted. Competitions and spectators are not permitted. Access to the changing rooms is permitted for students involved. 	<p>The activities of recognized sport-study and concentration programs are permitted. Face cover is not required (for athletes only) when the ratio of 1 coach to 4 athletes is respected.</p>	<p>All face-to-face activities are not allowed, including sport-study programs and other concentration programs.</p>

RECOMMENDED RATIOS FOR GROUP ACTIVITIES (FOR EVERY ZONE)

Age group	Ratio instructor-coach / participants (tennis)
3-6 years old	1/6 (on 3 mini tennis courts)
7 years old and above	1/6 (on 1 regular court or one 3/4 court)
7 years old and above	1/8 (on 2 regular courts or two 3/4 courts)

¹ Supervision is provided by a person designated by the organization providing the activity. This person is responsible for ensuring that the health measures and instructions in effect are respected. It is expected that the health measures applied will respect the protocol for the resumption of activities of the provincial sport federation or the national recreation organization concerned, if applicable.

**IMPORTANT: THE TWO-METER DISTANCE
IS REQUIRED AT ALL TIMES.**

