



	YELLOW ZONE	ORANGE ZONE	RED ZONE	EMERGENCY MEASURES
OUTDOOR	<ul style="list-style-type: none"> <li>Recreational singles is <b>permitted</b> (without face cover).</li> <li>Recreational doubles is <b>permitted</b> (without face cover).</li> <li>Group activities of up to <b>12</b> people are <b>permitted</b> plus one person responsible for supervision or coaching<sup>1</sup> (with face cover).</li> <li>Competitions are <b>not allowed</b>.</li> <li>Spectators are not allowed on site, <b>however</b> an accompanying person is <b>allowed</b> for children under 10 years old and people with disabilities.</li> <li>Changing rooms <b>may be opened</b> according to the sanitary measures in place.</li> </ul>	<ul style="list-style-type: none"> <li>Recreational singles is <b>permitted</b> (without face cover).</li> <li>Recreational doubles is <b>permitted</b> (without a face cover for occupants of the same residence / <b>with</b> a face cover for participants from different residences).</li> <li>Group activities of up to <b>12</b> people are <b>permitted</b> plus one person responsible for supervision or coaching<sup>1</sup> (with face cover).</li> <li>Competitions are <b>not allowed</b>.</li> <li>Spectators are not allowed on site, <b>however</b> an accompanying person is <b>allowed</b> for children under 10 years old and people with disabilities.</li> <li>Changing rooms must be <b>closed</b>, but access to the sanitary facilities is <b>permitted</b>.</li> </ul>	<ul style="list-style-type: none"> <li>Recreational singles is <b>permitted</b> (without face cover).</li> <li>Recreational doubles is <b>permitted</b> (without a face cover for occupants of the same residence / <b>with</b> a face cover for participants from different residences).</li> <li>Group activities of up to <b>8</b> people are <b>permitted</b> plus one person responsible for supervision or coaching<sup>1</sup> (with face cover).</li> <li>Competitions are <b>not allowed</b>.</li> <li>Spectators are not allowed on site, <b>however</b> an accompanying person is <b>allowed</b> for children under 10 years old and people with disabilities.</li> <li>Changing rooms must be <b>closed</b>, but access to the sanitary facilities is <b>permitted</b>.</li> </ul>	<ul style="list-style-type: none"> <li>Recreational singles is <b>permitted</b> (without face cover).</li> <li>Recreational doubles is <b>permitted</b> (without a face cover for occupants of the same residence / <b>with</b> a face cover for participants from different residences).</li> <li>Group activities of up to <b>8</b> people are <b>permitted</b> plus one person responsible for supervision or coaching<sup>1</sup> (with face cover).</li> <li>Competitions are <b>not allowed</b>.</li> <li>Spectators are not allowed on site, <b>however</b> an accompanying person is <b>allowed</b> for children under 10 years old and people with disabilities.</li> <li>Changing rooms must be <b>closed</b>, but access to the sanitary facilities is <b>permitted</b>.</li> </ul>

<sup>1</sup> Supervision is provided by a person designated by the organization providing the activity. This person is responsible for ensuring that the health measures and instructions in effect are respected. It is expected that the health measures applied will respect the protocol for the resumption of activities of the provincial sport federation or the national recreation organization concerned, if applicable.



	YELLOW ZONE	ORANGE ZONE	RED ZONE	EMERGENCY MEASURES
<b>INDOOR</b>	<ul style="list-style-type: none"> <li>Recreational practice in singles for participants from different residences is <b>permitted</b> (without face cover).</li> <li>Recreational practice in doubles for participants from the same residence is <b>permitted</b> (without face cover).</li> <li>Group activities of up to <b>12</b> people are <b>permitted</b>, including doubles, plus one person responsible for supervision or coaching<sup>1</sup> (with face cover).</li> <li>Competitions are <b>not allowed</b>.</li> <li>Spectators are not allowed on site, <b>however</b> an accompanying person is <b>allowed</b> for children under 10 years old and people with disabilities.</li> <li>Changing rooms <b>may be opened</b> according to the sanitary measures in place.</li> <li>Tennis facility owners and managers must determine and display the maximum capacity of players at any one time.</li> </ul>	<ul style="list-style-type: none"> <li>Recreational practice in singles for participants from different residences is <b>permitted</b> (without face cover).</li> <li><i>Recreational practice in doubles and group lessons for participants from different residences are <b>not allowed</b>.</i></li> <li>Recreational practice in doubles for participants from the same residence is <b>permitted</b> (without face cover).</li> <li>Group lessons for occupants from the same residence are <b>allowed</b> (without face cover).</li> <li>Private lessons are <b>allowed</b> (with face cover).</li> <li>Competitions are <b>not allowed</b>.</li> <li>Spectators are not allowed on site, <b>however</b> an accompanying person is <b>allowed</b> for children under 10 years old and people with disabilities.</li> <li>Changing rooms must be <b>closed</b>, but access to the sanitary facilities is <b>permitted</b>.</li> <li>Tennis facility owners and managers must determine and display the maximum capacity of players at any one time.</li> </ul>	<ul style="list-style-type: none"> <li>Recreational practice in singles for participants from different residences is <b>permitted</b> (without face cover).</li> <li><i>Recreational practice in doubles and group lessons for participants from different residences are <b>not allowed</b>.</i></li> <li>Recreational practice in doubles for participants from the same residence is <b>permitted</b> (without face cover).</li> <li>Group lessons for occupants from the same residence are <b>allowed</b> (without face cover).</li> <li>Private lessons are <b>allowed</b> (with face cover).</li> <li>Competitions are <b>not allowed</b>.</li> <li>Spectators are not allowed on site, <b>however</b> an accompanying person is <b>allowed</b> for children under 10 years old and people with disabilities.</li> <li>Changing rooms must be <b>closed</b>, but access to the sanitary facilities is <b>permitted</b>.</li> <li>Tennis facility owners and managers must determine and display the maximum capacity of players at any one time.</li> </ul>	<p>The practice of tennis in indoor facilities is <b>not allowed</b>.</p>

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PRIMARY AND SECONDARY SCHOOLS	<p><b>OUTDOOR</b></p> <ul style="list-style-type: none"> <li>Activities within stable class groups or with a maximum of 12 students (intra-school; may come from different stable class groups) are <b>allowed</b>.</li> </ul> <p><b>INDOOR</b></p> <ul style="list-style-type: none"> <li>Activities in stable class groups or with a maximum of 12 students (intra-school; may come from different stable class groups) are <b>allowed. However</b>, practice must be adapted to respect physical distancing of two metres between stable class groups.</li> </ul>	<ul style="list-style-type: none"> <li>The activities of recognized sport-study and concentration programs are <b>permitted</b>. Face cover is not required when the ratio of 1 coach to 4 athletes is respected.</li> <li>Extracurricular activities for a stable class group are <b>permitted</b>.</li> <li>Competitions and spectators are <b>not permitted</b>.</li> <li>Access to the changing rooms is <b>permitted</b> for students involved.</li> </ul>	<p>The activities of recognized sport-study and concentration programs are <b>permitted</b>. Face cover is not required when the ratio of 1 coach to 4 athletes is respected.</p>	<p>All face-to-face activities are <b>not allowed</b>, including sport-study programs and other concentration programs.</p>

## RECOMMENDED RATIOS FOR GROUP ACTIVITIES (FOR EVERY ZONE)

Age group	Ratio instructor-coach / participants (tennis)
3-6 years old	1/6 (on 3 mini tennis courts)
7 years old and above	1/6 (on 1 regular court or one 3/4 court)
7 years old and above	1/8 (on 2 regular courts or two 3/4 courts)

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