

# TENNIS PRACTICE COVID-19 / GUIDELINES



EFFECTIVE AS OF JUNE 14<sup>TH</sup>, 2021

Update : June 9th, 2021 (v2)



		YELLOW ZONE	GREEN ZONE
<b>OUTDOOR</b>	Recreational singles/doubles	Permitted	
	Private lessons	Permitted (possible addition of a person for supervision in compliance with CNESST rules for single persons or occupants of the same residence)	
	Group activities / other activities	Group of <b>12 participants maximum</b> (one person can be added for supervision in compliance with CNESST rules) <b>Group of 13 to 25 participants maximum : Activities must be supervised<sup>1</sup></b> (to which officials, staff and volunteers can be added) *See recommended ratios below.	Group of <b>50 participants maximum</b> (to which officials, staff and volunteers can be added)
	Leagues <sup>2</sup>	Permitted	
	Tournaments and competitions <sup>2</sup>	Not allowed	Permitted
	Spectators	Not recommended	<b>50 spectators maximum</b> for a single facility with open access
	Accompanying person	<p><b>Accompanying person authorized when necessary</b> (e.g. : the parent of a child under 10 years of age or the accompanying person of a person with a disability). This person must then be counted in the maximum number of people allowed.</p> <p>A person with a disability (or other vulnerable clientele) may be accompanied as needed to participate in an activity. It is suggested that the accompanying person be a person living in the same household. If this is not possible, it is recommended that the person with a disability have their Leisure Accompaniment Card (LAC) as proof of need for accompaniment. In this case, if the distance cannot be respected, the accompanying person must wear protective equipment in accordance with the CNESST guide.</p>	
	Changing rooms, lockers, sanitary facilities (restrooms/sinks/showers)	Open if the physical distance can be respected and if the cleaning is done regularly during the day.	
	Face cover / mask	<b>Supervisors</b> (club/city employees or volunteers) : <b>recommended (physical distancing required)</b> <b>Players</b> (during on-field activity) : <b>not required</b> <b>RESPECT THE 2 METERS DISTANCE AT ALL TIMES</b>	

Age group	Ratio instructor-coach / participants (tennis)
3-6 years old	1/6 (on 3 mini tennis courts)
7 years old and above	1/6 (on 1 regular court or one 3/4 court)
7 years old and above	1/8 (on 2 regular courts or two 3/4 courts)

<sup>1</sup> The supervision is ensured by a person designated by the organization which animates the activity. This person is responsible for ensuring the respect of the measures and sanitary instructions in force related to the level of color and the rules found in the Guide for the tournaments of Tennis Quebec.

<sup>2</sup> The organizers must respect the rules found in the Guide for the tournaments of Tennis Quebec. They must also respect the maximum number of participants admitted within a facility.

**IMPORTANT : THE 2 METERS DISTANCE IS REQUIRED AT ALL TIMES.**



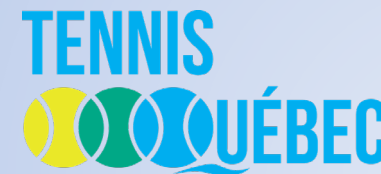
# TENNIS PRACTICE

## COVID-19 / GUIDELINES



EFFECTIVE AS OF JUNE 14<sup>TH</sup>, 2021

Update : June 9th, 2021 (v2)



INDOOR	YELLOW ZONE		GREEN ZONE
	Recreational singles/doubles		Permitted
	Private lessons	(possible addition of a person for supervision in compliance with CNESST rules for single persons or occupants of the same residence)	Permitted
	Group activities / other activities	<b>Activities must be supervised<sup>1</sup></b> Group of <b>12 participants maximum</b> *See recommended ratios below.	Group of <b>25 participants maximum</b> (to which officials, staff and volunteers can be added)
	Leagues <sup>2</sup>		Permitted
	Tournaments and competitions <sup>2</sup>	Not allowed	Permitted
	Spectators	Not allowed	<b>25 spectators maximum</b> for a single facility with open access
	Accompanying person	<p><b>Accompanying person authorized when necessary</b> (e.g. : the parent of a child under 10 years of age or the accompanying person of a person with a disability). This person must then be counted in the maximum number of people allowed.</p> <p>A person with a disability (or other vulnerable clientele) may be accompanied as needed to participate in an activity. It is suggested that the accompanying person be a person living in the same household. If this is not possible, it is recommended that the person with a disability have their Leisure Accompaniment Card (LAC) as proof of need for accompaniment. In this case, if the distance cannot be respected, the accompanying person must wear protective equipment in accordance with the CNESST guide.</p>	
	Changing rooms, lockers, sanitary facilities (restrooms/sinks/showers)	Open if the physical distance can be respected and if the cleaning is done regularly during the day.	
	Face cover / mask	<b>Supervisors (club/city employees or volunteers) : recommended (physical distancing required)</b> <b>Players (during on-field activity) : not required</b> <b>RESPECT THE 2 METER DISTANCE AT ALL TIMES</b>	

### RECOMMENDED RATIOS FOR GROUP ACTIVITIES (FOR EVERY ZONE)

Age group	Ratio instructor-coach / participants (tennis)
3-6 years old	1/6 (on 3 mini tennis courts)
7 years old and above	1/6 (on 1 regular court or one 3/4 court)
7 years old and above	1/8 (on 2 regular courts or two 3/4 courts)

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